

Charity Registration No. 1133188

Company Registration No. 06884539 (England and Wales)

**PTSD RESOLUTION LIMITED**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 APRIL 2019**



**Caladine**  
Chartered Certified Accountants

# PTSD RESOLUTION LIMITED

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Colonel Anthony Gauvain (Chairman) David Piers Bishop (Clinical Director) Malcolm Hanson Matthew Minshall James Woolley Lorne Mitchell Rosalind Townsend Gregory Vosper Nicole Lander	(Appointed 1 May 2018) (Appointed 1 May 2018)
<b>Charity number</b>	1133188	
<b>Company number</b>	06884539	
<b>Principal address</b>	Meadow Cottage Poundfield Road Chalvington Hailsham East Sussex BN27 3TH	
<b>Independent examiner</b>	John Caladine FCCA CTA FCIE Caladine Ltd Chantry House 22 Upperton Road Eastbourne East Sussex BN21 1BF	
<b>Bankers</b>	Barclays Bank Plc Leicestershire LE87 2BB	

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# PTSD RESOLUTION LIMITED

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# **PTSD RESOLUTION LIMITED**

## **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

**FOR THE YEAR ENDED 30 APRIL 2019**

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The Trustees present their report and accounts for the year ended 30 April 2019.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

### **Objectives and activities**

The charity's objects are:

For the public benefit, the relief of the mental sickness of Veterans, Reservists and family members of the armed forces with post-traumatic symptoms in particular by the provision of counselling, therapy and support by:

1. Promoting research into treating post-traumatic symptoms, and to promote new ways of providing services for Veterans of the armed forces suffering from post-traumatic stress disorder (PTSD), across the UK;
1. Advancing the education of Veterans of the armed forces and the public about the mechanisms of trauma and means of reducing the impact of PTSD on Veterans of the armed forces and the population in general; and
1. Promoting social inclusion among Veterans of the armed forces with PTSD in prisons through counselling, therapy and support.

PTSD Resolution (hereinafter referred to as Resolution) provides free treatment to Military Veterans, Reservists and dependants, with the particular aim of helping those who have failed to reintegrate into a normal work and family life because of military trauma suffered during service in the armed forces. Trauma causes flashbacks, nightmares, anger and depression - often leading to violence, alcohol and substance abuse, job loss, family breakdown and even suicide.

Resolution has a nationwide network of 200 accredited Human Givens therapists, which provides treatment to enable Veterans, Reservists and families to resolve the mental health problems associated with military trauma that obstruct a normal range of family and work relationships. Resolution provides a national low-cost phone line on which Veterans, Reservists, and their families can receive advice on the effects of trauma and available routes to treatment, including our own.

Resolution's research purpose has been met through contributing to a Queen's University Belfast project on Veterans' Transition; The Veterans Strategy consultation; the analysis of our own on-line survey; the creation of a new on-line survey; responding to four different university research requests for information; and five different individual requests.

Resolution continues to raise awareness through a PR and marketing programme. This programme of communication targets trauma sufferers, potential donors, related military and health organisations as well as press and other interested parties.

### **Public benefit**

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake. The Trustees consider that the activities described above are consistent with the Charity's objectives and fulfils the requirements of the Charity Commission's public benefit criteria.

## **PTSD RESOLUTION LIMITED**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 APRIL 2019**

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#### **Achievements and performance**

a) Resolution at year end is on its 2332nd treatment. This represents a total of 352 referrals in the year, an increase of 17 over the previous year and which reflects an increased average of eight new referrals a week. This sustained demand continues to put a strain on fundraising and administration.

b) Resolution has treated a total of 95 prisoners to date, in 22 different prisons.

c) Resolution continues to offer therapy to family members affected by trauma.

d) We continue to treat every ex-service person who makes contact and wishes to try the service. We offer new clients the opportunity to talk to a previous patient if they wish, then they are put in touch with our nearest therapist and can go for an initial discussion to talk over how they are, what they need, what we can offer and what we cannot do. Improved funding has continued to mean that clients can be given an appointment and treatment can start within a few days. The results of the treatments continue to be measured by taking the impact of event scores before and after treatment, which show a marked reduction of symptoms in 78% of clients, in an average of five sessions per treatment.

e) The screening process was adjusted to ask the client to ring back in a week's time to learn who their therapist is. This has had the desired effect to weed out the faint hearted and the time wasters.

f) The GDPR exercise was completed and the Lead Administrator is responsible for its administration and our compliance.

g) A new governance regime has been introduced by Cobseo, with which we already comply in large part, and which will be managed through a new on-line Governance Management System (GMS).

h) Membership of Cobseo has begun to show benefit in that more charities and agencies are contacting and referring to us.

i) Resolution is listed on the Veterans' Gateway and on the NICE site, as an information member.

j) Cross referral agreements have been made with a new drug and alcohol residential unit at Tom Harrison House in Liverpool; and a new Homeless Veterans Centre in Cublington near Milton Keynes.

k) Working arrangements have been made with Care After Combat, RBLI, Breakfast Clubs, Royal Marines Association, 65 Degrees North, ASDIC Drop in centres,

l) We have established arrangements with a number of agencies to be paid against invoices for clients per treatment.

m) Our training purpose has been met by delivering a half day workshop to a commercial company, and publishing and promoting the book PTSD: Understanding and Recovery, by one of our therapists.

#### **PR/Marketing**

PR and marketing continues to achieve excellent results with very limited expenditure – funding only for some web design support work and one day a week from a marketing assistant. There are no salaried staff and we do very little advertising – success is through PR and social media. Key features of the programme have been:-

- Social media: we are very active and post almost daily to Facebook, with some 4,800 Followers, and also via Twitter. Through our social media and Just Giving programme receive donations from a range of sponsored initiatives by supporters. However this has steadily declined for reasons we are trying to assess and address.

## **PTSD RESOLUTION LIMITED**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 APRIL 2019**

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- **Media:** we are 'on the radar' with the press including the defence correspondents, and are often asked to contribute comment when military PTSD is addressed by the press. We now have a separate phone number for the press, and audio recorded messages are emailed to campaign director Patrick Rea, which helps in media response and handling.
- **Activities:** these include:
  - o VIP Event at the House of Lords
  - o Walking the London Bridges, a summer fund-raiser: we are changing the format to a static pitch in London, to be agreed
  - o The Big Give: we hit our targets through a coordinated campaign that brought in major sponsors
  - o Liaison and fund raising through corporate supporters: we are looking to target more high net worth people with a military background

#### **Fundraising**

Once again ASIS have continued in their excellent support of our Charity and their donations have continued to make a significant impact on our ability to deliver the services.

The arrangements with the Lions Club and FDM group has been bedded in and this is now providing a useful income in payment for case by case from local groups who can see how their donation is being used for treatment of Clients within their area.

We have had some fundraising events initiated by the public through Just Giving and other platforms, we are reviewing these, as sums have declined. Also we continued to receive generous grants, from Bequests, Charities, Companies and Individuals.

Lottery England continue to support us and have made another fantastic contribution to our funds. We thank the Charity Lest we Forget for their very generous support.

The Trustees thank each and every donor for their vital support to enable us to treat a record number of Veterans.

#### **Financial review**

The revenue increased from £154,884 to £258,773. The increase was primarily due to a new contract provided for counselling services entered into during the year. Income from Donation and gifts have remained broadly the same.

This year the demand for our services increased by 5% over the previous year. Total resources expended increased by 8% to £191,564. This resulted in a surplus of £67,468 as compared to a deficit of £22,635 in the prior year.

In note 6 to the accounts we have set down a different format to show the breakdown of the costs allocated to the different activities we undertake. It shows that a total of £163,411 was expended in pursuit of the charitable purposes compared with £170,277 in the previous year. This represents 85% of total costs.

#### **Reserves policy**

We have been able to lift our reserves to £60,000 and expect to increase this further in the next period.

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

## **PTSD RESOLUTION LIMITED**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 30 APRIL 2019**

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#### **Plans for the future**

The targets for next year continue to be:

- a) Treat more Veterans, Reservists and families of the UK armed forces.
- b) Teach more Veterans, companies and other organisations about the effects of trauma
- c) Continue to build sustainable sources of revenue.
- d) Continue to raise awareness of trauma and modern approaches to relieving it, in order to attract donors, press and other interested parties.
- f) Continue to build the evidence base using the Pragmatic Tracker application.
- g) Engage in a trial to further evaluate the evidence of treatment outcomes.
- h) Create Post Treatment Support Networks in selected centres of veteran population, engaging ex-clients in socially supporting activities and fundraising.
- j) Full membership of the Veterans Gateway
- k) Full membership of Contact

#### **Structure, governance and management**

The charity is a limited company, incorporated on 22 April 2009 and registered as a charity on 8 December 2009.

The President is Lord Ramsbotham, and Lord Arbuthnot is Vice-President. The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Colonel Anthony Gauvain (Chairman)	
David Piers Bishop (Clinical Director)	
Linda Field	(Resigned 1 May 2018)
Malcolm Hanson	
Charles Highett (Finance & Commercial Director)	(Resigned 1 December 2018)
Matthew Minshall	
Patrick Rea (Marketing Director)	(Resigned 1 December 2018)
Richard Trafford	(Resigned 1 May 2018)
James Woolley	
Lorne Mitchell	
Rosalind Townsend	
Gregory Vosper	(Appointed 1 May 2018)
Nicole Lander	(Appointed 1 May 2018)

Trustees are recruited and appointed from those individuals who have an interest in psychological trauma and the welfare of Veterans of the UK armed forces. The Trustees interview all potential candidates for Trustee positions.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.

**Colonel Anthony Gauvain (Chairman)**

Trustee

Dated: 14 January 2020

## **PTSD RESOLUTION LIMITED**

### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

***FOR THE YEAR ENDED 30 APRIL 2019***

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The Trustees, who are also the directors of PTSD Resolution Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



# **PTSD RESOLUTION LIMITED**

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PTSD RESOLUTION LIMITED**

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I report to the Trustees on my examination of the financial statements of PTSD Resolution Limited (the charity) for the year ended 30 April 2019.

### **Responsibilities and basis of report**

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

John Caladine FCCA CTA FCIE

Caladine Ltd  
Chantry House  
22 Upperton Road  
Eastbourne  
East Sussex  
BN21 1BF

Dated: 17 January 2020

## PTSD RESOLUTION LIMITED

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 APRIL 2019

		Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £	Unrestricted funds 2018 £	Restricted funds 2018 £	Total 2018 £
	<b>Notes</b>						
<b>Income from:</b>							
Donations and legacies	<b>3</b>	153,892	5,140	159,032	150,734	4,150	154,884
Charitable activities	<b>4</b>	100,000	-	100,000	-	-	-
<b>Total income</b>		<u>253,892</u>	<u>5,140</u>	<u>259,032</u>	<u>150,734</u>	<u>4,150</u>	<u>154,884</u>
<b>Expenditure on:</b>							
Raising funds	<b>5</b>	28,153	-	28,153	7,242	-	7,242
Charitable activities	<b>6</b>	158,271	5,140	163,411	165,759	4,518	170,277
<b>Total resources expended</b>		<u>186,424</u>	<u>5,140</u>	<u>191,564</u>	<u>173,001</u>	<u>4,518</u>	<u>177,519</u>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>							
		67,468	-	67,468	(22,267)	(368)	(22,635)
Fund balances at 1 May 2018		1,519	-	1,519	23,786	368	24,154
<b>Fund balances at 30 April 2019</b>		<u><u>68,987</u></u>	<u><u>-</u></u>	<u><u>68,987</u></u>	<u><u>1,519</u></u>	<u><u>-</u></u>	<u><u>1,519</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# PTSD RESOLUTION LIMITED

## STATEMENT OF FINANCIAL POSITION

AS AT 30 APRIL 2019

		2019		2018	
	Notes	£	£	£	£
<b>Current assets</b>					
Trade and other receivables	10	1,092		4,799	
Cash at bank and in hand		69,755		17,900	
		<u>70,847</u>		<u>22,699</u>	
<b>Current liabilities</b>					
	11	<u>(1,860)</u>		<u>(21,180)</u>	
Net current assets			68,987		1,519
<b>Income funds</b>					
<u>Unrestricted funds</u>					
General unrestricted funds		68,986		1,518	
Share capital		<u>1</u>		<u>1</u>	
			68,987		1,519
			<u>68,987</u>		<u>1,519</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 April 2019.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 14 January 2020

Colonel Anthony Gauvain (Chairman)  
Trustee

Company Registration No. 06884539

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 APRIL 2019

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### 1 Accounting policies

#### Company information

PTSD Resolution Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Chantry House, 22 Upperton Road, Eastbourne, East Sussex, BN21 1BF.

#### 1.1 Accounting convention

The accounts have been prepared in accordance with the charity's articles of association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

The Trustees recognise that funds held at the year end are below the amount required by the Charity's reserves policy. Following the year end the Charity won a large contract to provide therapy services and significant funds were received shortly after the year end.

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2019

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### 1 Accounting policies (Continued)

#### 1.5 Expenditure

Liabilities are recognised when a constructive obligation exists, the payment is probable and the obligation can be measured or estimated reliably.

Resources expended are allocated to the particular cost centre to which they relate and include irrecoverable VAT.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including trade and other payables and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade payables are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.8 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2019

### 1 Accounting policies (Continued)

#### 1.9 Taxation

PTSD Resolution Limited is a registered charity and its income is considered exempt from United Kingdom taxation.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2019	2019	2019	2018	2018	2018
	£	£	£	£	£	£
Donations and gifts	147,392	5,140	152,532	150,734	4,150	154,884
Grants	6,500	-	6,500	-	-	-
	<u>153,892</u>	<u>5,140</u>	<u>159,032</u>	<u>150,734</u>	<u>4,150</u>	<u>154,884</u>
<b>Donations and gifts</b>						
General fund donations and gifts	98,780	5,140	103,920	105,782	4,150	109,932
Lottery England	33,528	-	33,528	34,706	-	34,706
The Big Give	14,825	-	14,825	9,571	-	9,571
Gift aid	259	-	259	538	-	538
Great North Run	-	-	-	108	-	108
Shell Shock Walk	-	-	-	29	-	29
	<u>147,392</u>	<u>5,140</u>	<u>152,532</u>	<u>150,734</u>	<u>4,150</u>	<u>154,884</u>
<b>Grants receivable for core activities</b>						
Raymond Hide Will Trust	6,500	-	6,500	-	-	-
	<u>6,500</u>	<u>-</u>	<u>6,500</u>	<u>-</u>	<u>-</u>	<u>-</u>

## PTSD RESOLUTION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2019

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#### 4 Charitable activities

	Clinical pathway	2018
	2019	
	£	£
Counselling services	100,000	-
	<u>100,000</u>	<u>-</u>

#### 5 Raising funds

	Unrestricted funds	Unrestricted funds
	2019	2018
	£	£
<u>Fundraising and publicity</u>		
Fundraising	21,198	7,242
Support and governance costs	6,955	-
	<u>28,153</u>	<u>7,242</u>
Fundraising and publicity	28,153	7,242
	<u>28,153</u>	<u>7,242</u>

## PTSD RESOLUTION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2019

6 Charitable activities	Clinical Pathway		Education and Research		Social Inclusion of Veterans		Total 2019	Total 2018
	2019	£	2019	£	2019	£		
Therapy costs	84,775	£	-	-	-	-	84,775	102,156
Exhibitions and conferences	-	-	549	-	-	-	549	3,984
Raising awareness to services personnel	-	-	10,400	-	-	-	10,400	14,000
Great North Run	-	-	-	-	-	-	-	983
Therapist and client support	15,791	-	-	-	-	-	15,791	17,724
Travel and Accommodation	4,866	-	-	-	-	-	4,866	1,223
Computer software and consumables	3,474	631	631	631	631	631	5,367	3,056
Administration	4,510	820	820	3,133	820	820	9,283	-
Consultancy	1,684	4,487	4,487	207	738	738	7,116	-
Sundry	237	635	635	83	69	69	1,024	-
Events	-	5,035	5,035	-	-	-	5,035	-
Research	-	525	525	-	-	-	525	-
Printing, Postage and Stationery	-	1,690	1,690	-	-	-	1,690	-
Share of support costs (see note 7)	115,337	24,772	24,772	4,054	2,258	146,421	143,126	
Share of governance costs (see note 7)	2,140	5,842	5,842	220	220	8,422	17,773	
	5,705	1,911	1,911	476	476	8,568	9,378	
	123,182	32,525	32,525	4,750	2,954	163,411	170,277	
<b>Analysis by fund</b>								
Unrestricted funds	118,042	32,525	32,525	4,750	2,954	158,271	165,759	
Restricted funds	5,140	-	-	-	-	5,140	4,518	
	123,182	32,525	32,525	4,750	2,954	163,411	170,277	



# PTSD RESOLUTION LIMITED

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2019

### 7 Support costs

	Support costs	Governance costs	Total 2019	Support costs	Governance costs	Total 2018
	£	£	£	£	£	£
Subscriptions	2,004	-	2,004	1,877	-	1,877
Insurance	1,457	-	1,457	822	-	822
Research administration	-	-	-	574	-	574
Client support administration	-	-	-	2,794	-	2,794
Marketing	7,327	-	7,327	7,656	-	7,656
Computer software and consumables	-	-	-	3,056	-	3,056
Printing, postage and stationery	1,656	-	1,656	400	-	400
Telephone	257	-	257	57	-	57
Travel	1,470	-	1,470	524	-	524
Sundry	231	-	231	13	-	13
Accountancy	-	2,100	2,100	-	2,180	2,180
Legal and professional	-	60	60	-	367	367
Bookkeeping fees	-	7,359	7,359	-	6,831	6,831
Bank charges	-	24	24	-	-	-
	<u>14,402</u>	<u>9,543</u>	<u>23,945</u>	<u>17,773</u>	<u>9,378</u>	<u>27,151</u>
<u>Analysed between</u>						
Fundraising	5,980	975	6,955	-	-	-
Charitable activities	8,422	8,568	16,990	17,773	9,378	27,151
	<u>14,402</u>	<u>9,543</u>	<u>23,945</u>	<u>17,773</u>	<u>9,378</u>	<u>27,151</u>

Governance costs includes Independent Examiners fees of £480 (2018 - £480).

### 8 Trustees

One Trustee was reimbursed £16 (2018: Two reimbursed £1,504) for out of pocket expenses.

Whilst serving as a Trustee, Mr C Highett received fees of £1,630 in respect to professional services supplied to the charity. Mr P Rea also received fees of £2,280 for professional services prior to his resignation from the board of Trustees. Neither of these payments were in respect of work undertaken in their capacity as Trustees.

No other Trustees or persons connected to them received any expenses, nor did any of them receive a salary or fees.

### 9 Employees

There were no employees during the year.

## PTSD RESOLUTION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2019

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<b>10 Trade and other receivables</b>	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<b>Amounts falling due within one year:</b>		
Other receivables	259	-
Prepayments and accrued income	833	4,799
	<u>1,092</u>	<u>4,799</u>
	<u><u>1,092</u></u>	<u><u>4,799</u></u>
<b>11 Current liabilities</b>	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
Other payables	-	1,200
Accruals and deferred income	1,860	19,980
	<u>1,860</u>	<u>21,180</u>
	<u><u>1,860</u></u>	<u><u>21,180</u></u>

#### 12 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

**PTSD RESOLUTION LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 30 APRIL 2019**

**13 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Movement in funds				
	Balance at 1 May 2017	Incoming resources	Resources expended	Balance at 1 May 2018	Incoming resources	Resources expended	Balance at 30 April 2019
	£	£	£	£	£	£	£
LV Research fund	368	-	(368)	-	-	-	-
Lions fund	-	4,150	(4,150)	-	5,140	(5,140)	-
	368	4,150	(4,518)	-	5,140	(5,140)	-

The LV Research fund was specifically for research on clinical matters.

The Lions fund represents monies received from The Lions Club, which is regarded as restricted income with its related therapy expenditure.

## PTSD RESOLUTION LIMITED

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 APRIL 2019

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14 Share capital	2019	2018
	£	£
Ordinary share capital Issued and fully paid		
1 Ordinary share of £1 each	1	1
	<u>1</u>	<u>1</u>

The one ordinary £1 share is held by Mr D Bishop on behalf of all the Trustees.

#### 15 Related party transactions

There were no disclosable related party transactions during the year (2018 - none).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.